Pajama Day - Fundraiser for Toys for Tots to be held on Friday, Dec. 7. Pajama Day guidelines are being sent home with your child. Students will pay \$1.00 to wear their pajamas.

District Focus on becoming Trauma Aware:

During the 2nd semester of the school year, our district will be preparing and learning about how we can become better informed about becoming a trauma informed district. Many of our students come to us every year having dealt with trauma in their lives. Trauma can be defined as:

An overwhelming, life-threatening, terrible and frightening experience which is way out from any other "ordinary" human experience.

As children, many times they do not know how to process this trauma and it comes out at school in various forms. Teachers may see children become very angry, defiant, and or completely shutting down. As our district moves towards becoming trauma informed our therapist will work with the staff to learn strategies to help our students who may have or are experiencing trauma.

Components of Trauma-Informed Care



Don't forget to like our FB page and our Twitter page.

FB - @ Altamont Eagles



Twitter: @AltamontEagles



WANTED: Parents University Participants

Beginning in Jan. Mrs. Flatt will be hosting a small group of parents once a month in the morning to visit about concerns and questions parents have about the happenings at school. Each month there will be a different forum or topic in which we can discuss over a cup of coffee. If you are interested in being part of this informal coffee chat, please email Mrs. Flatt @ tflatt@usd506.org.

Colder Weather:

As the weather begins to get cooler, please keep in mind students will always go outside for recess unless the wind chill is in the negatives. So please be sure they are dressing appropriately for the weather. That means, coats, hats, mittens, gloves etc.

Christmas Store:

The PTO will once again sponsor the Christmas Store in the library. Children are invited to bring a couple dollars to buy Christmas gifts for their family members. Most of the items available are under \$5.00. The students will go with their classes to purchase gifts. The store will be open from Dec. 3-7 from 12:15-3:00 pm each day. The students will also have an opportunity to have their gifts wrapped. More info and money envelopes are being sent home.

Family Fun Night Thank You

Thank you very much for the families and community members that came out for the AGS Family Fun Night. In November, the PTO approved the purchasing of the following items:

- Junior High Social Studies Costume props to be used for their historical skits
- PreK-3 Grade teachers have pencil grippers to assist in helping teach children in the primary grades how; to correctly hold their pencils.
- Junior High Atlas' the current ones we have are outdated and very old.
- Grades 5-8 will receive planners next school year.
- Created a line item for track uniforms (we hope to purchase this year)

None of these purchases could have been possible without the support of our families, sponsors, students and teachers. Thank you!

BOX TOPS:

Please save those Box Tops. We are collecting them and the kids will be deciding on what they want to purchase with the money we raise.